

## DANCE FOR FIVE

An exhibition dance composed by B. Carswell, M. & C. Hall, B. Williamson and J. Cowell.  
 Formation: Dancers stand in a straight line facing the audience with men on the outsides.

1 2 3 4 5  
 ♦ ♦ ♦ ♦ ♦

$\text{♩} = 132$

- | Music   | Movements   |
|---------|---|
| A1 Bars | 1-2 All scrape R foot back once then kick three times forward.  |
|         | 3-6 No. 2 and 4 take 4 running steps forward, set R and L. Others set R and L and balance R and L.  |
|         | 7-8 All reel spin R on the spot.  |
|         | 9-12 All scrape L foot back once, kick 3 times forward, then dance 4 running steps forward.   |
|         | 13-16 All set L and R, then reel spin L on the spot. Nos. 2 and 4 finish facing other three.  |
| B1 Bars | 1-4 Nos. 1, 3 and 5 take hands in a line and 2 and 4 join inside hands. All dance 2 side steps obliquely to R, and 2 side steps obliquely to L to finish back to back.                                  |
|         | 5-8 Line of 3 make 2 arches and all dance backwards 1 M.r.s. and 1 Cross back step. Nos. 2 and 4 passing under the arches.  |
|         | 9-12 Repeat side steps, but to L first.   |
|         | 13-16 As in bars 5-8 but centre woman (No. 3) turns and takes inside hands of other women as they pass through the arches and dances 1 running step back with them to finish with women facing the men: |

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 1 5

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|---------|--|
| A2 Bars | 1-4 <i>Pistons</i> . No. 1 joins hands with 2 and 3, likewise 5 joins hands with 3 and 4. All set forward and back twice by the right.   |
|         | 5-8 Men make an arch with inside hands. All dance forward 2 M.r.s., middle woman passing under arch, and all turning out to face each other again (middle woman turns to R).   |
|         | 9-16 Men step dance 2 R, 2 L, 2 R and 1 cross back step. Women take hands in a line and in 2 M.r.s. middle woman makes an arch with L-hand woman and then follows R-hand woman through arch. Repeat again but make arch with R-hand woman. |
| B2 Bars | 1-8 <i>Pistons</i> as in A2 bars 1-8 but setting by the left.  |
|         | 9-16 Again as in A2 bars 9-16 except men take 2 side steps to form a straight line (instead of cross back step).   |

1 2 3 4 5  
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|---------|---|
| A3 Bars | 1-4 <i>Dices</i> . Men take 4 side steps to the L. Centre woman (No. 3) step dances on the spot. Other two women dance 4 side steps to the R to finish as below. All facing centre woman. |
|---------|---|

4♦     ♦1  
           ♦3  
 5♦     ♦2

- A3 Bars 5-8 All set and cross back step.  
 9-16 Centre woman dances hey with men (4 M.r.s.). Other women step dance on the spot.
- B3 Bars 1-8 Women dance hey in M.r.s. Men step dance on the spot.  
 9-12 All take 4 side steps back to straight line. Centre woman step dances on the spot.  
 13-16 All set and cross back step.
- A4 Bars 1-16 *Long Hey*. Dance hey in M.r.s. To commence hey:

Nos. 1 and 2 face, 3 and 4 face, 5 turns out.

- B4 Bars 1-8 Men make two arches with centre woman and wheel one circle clockwise for 4 M.r.s. Other women dance anti-clockwise for 4 M.r.s. passing under arches and finishing on outside of line:

2 1 3 5 4  
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- 9-12 All set R and L and turn R. Outside women moving forward as they turn.  
 13-16 All set L and R and turn L. Outside women move further forward and also men move forward to form a 'V' shape. All raise R arm and shout 'Hogh'.

2◇ ◇4  
 1◆ ◆5  
 ◇  
 3